	Risk Factors	Adolescent Problem Behaviors						Protective Factors	Social Development Strategy (SDS)
Domains	Risk factors are characteristics of individuals, their families, schools, and community environments that are associated with increases in alcohol and other drug use, delinquency, teen pregnancy, school dropout, and violence. The following factors increase the likelihood that children and young people may develop such problem behaviors.	Substance abuse	Depression/anxiety	Delinquency	Teen pregnancy	School dropout	Violence	Factors associated with reduced potential for drug use are called protective factors. They encompass family, social, psychological, and behavioral characteristics that can provide a buffer for young people. These factors mitigate the effects of risk factors.	SDS is a synthesis of three existing theories of criminology (control, social learning, and differential association). It incorporates the results of research on risk and protective factors for problem behaviors and a developmental perspective of age, specific problem, and prosocial behavior. It is based on the assumption that children learn
Community	Availability of alcohol/other drugs	~					~	Opportunities for prosocial involvement in community Recognition for prosocial involvement	Healthy Behaviors  Healthy Beliefs & Clear Standards  Bonding Attachment Commitment  Opportunities  Skills  Recognition
	Availability of firearms			~			~		
	Community laws and norms favorable to drug use, firearms, and crime	•		•			•		
	Transitions and mobility	~	~	~		>			
	Low neighborhood attachment and community disorganization	•		•			•		
	Media portrayals of violence						>		
	Extreme economic deprivation	~		~	~	~	~		
Family	Family history of the problem behavior	~	~	~	~	~	~	Bonding to family with healthy beliefs and clear standards Attachment to family with healthy beliefs and clear standards	
	Family management problems	•	~	~	~	~	~		
	Family conflict	•	•	•	~	~	~		
	Favorable parental attitudes and involvement in problem behaviors	•		•			v	Opportunities for prosocial involvement Recognition for prosocial involvement	
School	Academic failure beginning in late elementary school	~		•	~	~	~	Bonding and attachment to school	
	Lack of commitment to school	•		•	•	•	v	Opportunities for prosocial involvement Recognition for prosocial involvement	
Individual / Peer	Early and persistent antisocial behavior	~	~	~	~	~	~	Bonding to peers with healthy beliefs and clear standards  Attachment to peers with healthy beliefs and clear standards  Opportunities for prosocial involvement  Increase in social skills	
	Rebelliousness	•		~		~			K 1 1
	Friends who engage in the problem behavior	V		•	~	~	•		
	Favorable attitudes toward the problem behavior	~		•	~	~			Individual
	Early initiation of the problem behavior	~		~	~	~	~		Characteristics
	Gang involvement	~		~			~		
	Constitutional factors	•	•	•			•		

For more information, check out <a href="https://www.lanecounty.org/prevention">www.lanecounty.org/prevention</a>